

#### **GTFCC** recommendations

#### CHOLERA RAPID DIAGNOSTIC TESTS (RDTs)

V1.0 November 2024





### Learning objectives

- Understand what RDTs are
- Explain when and why to use RDTs for cholera
- Understand the limitations of RDTs for cholera
- Know the procedure to perform RDTs for cholera
- Interpret RDT results
- Troubleshoot RDTs (procedure and results)

Suggested previous modules: module 1 Introduction to Cholera and Cholera testing



#### Outline

RDTs: what, why, when

2 Safety

1

4

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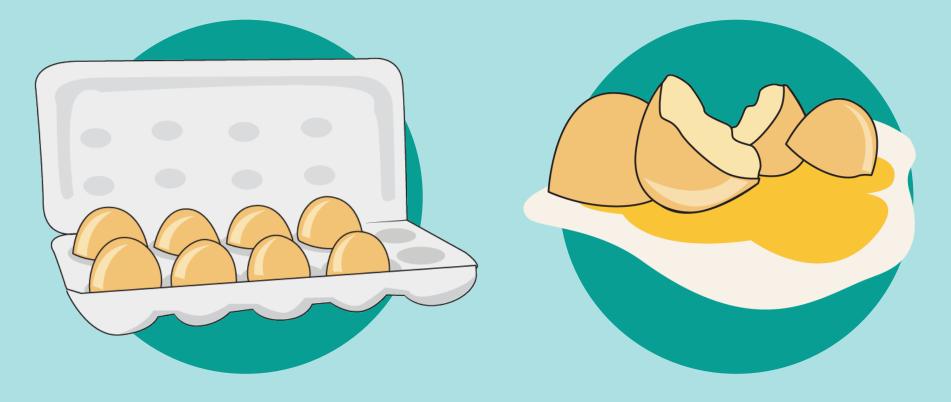
Reading the results

5 Reporting

End of module assessment



#### The result of any laboratory examination is only as good as the sample received in the laboratory.



Good sample

Bad sample

#### RDTS -WHAT • WHY • WHEN







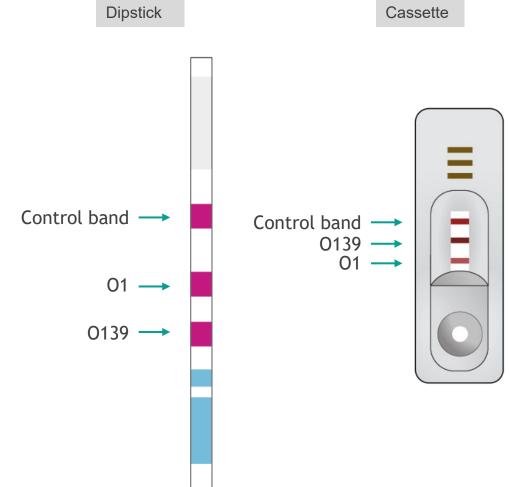
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#### What are RDTs?

Concept: Packaging: Lateral flow immuno-Cassette • chromatographic Dipstick • assays (just like home pregnancy tests or COVID tests) Rapid detection of O1 or O1 and O139 antigens Packaged as kits • (<30min) including all reagents needed Direct detection in stool samples Do not require complex laboratory set up





#### **Products available**

There are multiple commercially available RDTs with varying levels of accuracy making many of them less appropriate for use.

None of them are WHO pre-qualified as of yet.

WHO recommends and distributes:



Crystal VC Ag O1/O139 (Kit with 10 tests)



SD Bioline Cholera Ag 01/0139 (Kit with 20 tests)

#### Why use RDTs?

• Usable at the « bed-side » (need to collect stool sample)

• Rapid: results in < 30 minutes

Inexpensive

Easy to use

No sample storage or transport

#### Why use RDTs?

- RDTs are used :
  - In the context of absence of a probable or confirmed outbreak, to speed up the detection of a suspected cholera outbreak or a probable cholera outbreak
  - To monitor a probable or confirmed outbreak (community transmission)
- The strategy to reach each of these objectives is described in the GTFCC recommendations for <u>Public Health Surveillance for Cholera</u>.



### Summary

	No outbreak	Outbreak
1 Treat the patient	Treat all, rehydration protocols (ATB)	
2 Identify a cholera suspect case	≥ 2 yo, with AWD and severe dehydration, or died from AWD	Any age, with AWD or died from AWD
3 Test for cholera	RDT on all suspect cases Collect and send sample from all RDT+ to laboratory	RDT on first 3 suspected cases of the day Collect and send 3 RDT+ samples per week from the area to laboratory
4 Document and report	Record immediately Report daily on RDT+	Record immediately Report weekly

#### **Samples for RDTs**

RDTs should ideally be performed on fresh stool specimens within 2 hours of collection from a patient who has been ill for less than 4 days and who has not been given antibiotics.

Appropriate stool specimens for direct testing by RDTs:

- liquid stool
- viscous, mucoid, soft or semisolid stool

**Inappropriate** stool specimens for direct testing by RDTs:

- stool preserved in Cary-Blair transport medium
- rectal swabs

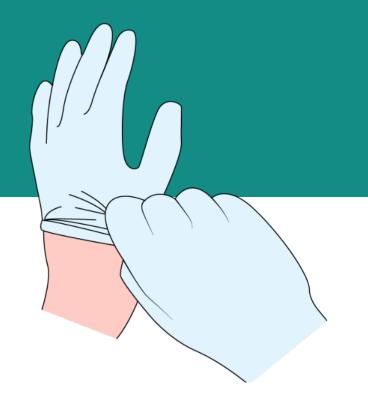
Note: These specimens require additional steps (for example, enrichment) in a laboratory.



- Cholera RDTs are **not a replacement for stool culture or any molecular test** to confirm cholera or to confirm a cholera outbreak.
- Cholera RDTs cannot be used for diagnosis of individual cholera cases.
- The result of cholera RDTs should not influence case management.
- Cholera RDTs do not detect the cholera toxin.
- Cholera RDTs do not provide antimicrobial susceptibility data.



# SAFETY



Basic hygiene practices

#### Safety first

Protect yourself, your patients and your community.





If you have cuts or abrasions on the skin of your hands, cover them with adhesive dressing. Wear gloves when collecting and handling stool specimens.



Remove gloves and wash your hands after completing any task involving the handling of stool specimens.

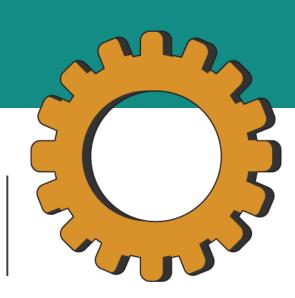


Adhere to proper waste disposal procedures

You can also protect your clothes by wearing scrubs or a lab coat.

#### 

## PROCEDURE



#### **Considerations prior to testing**

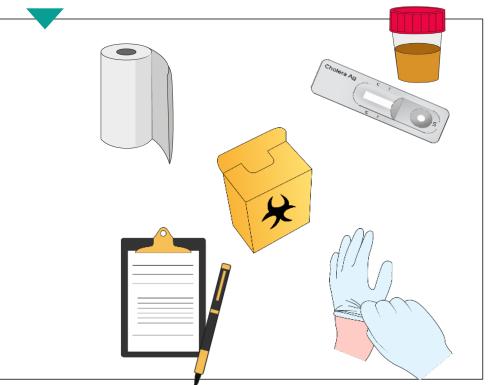
- Consider the testing strategy applied currently in your area (suspect case definition, strategy, who and when to test).
- Verify expiry dates of RDTs on hand.
- Verify adequate storage conditions of RDTs as per manufacturer's instructions.
- Read the manufacturer's instructions for use.
- Allow all kit components and specimens to reach a temperature of 15°C-30°C before testing.
- Procedure may vary and include a sample enrichment step in Alkaline Peptone Water (APW).



#### **Supplies and material**

RDTs should be performed on a stable surface that can easily be cleaned.

Gloves and scrubs/labcoat Hazardous waste bin or bag Tissue paper Test kit Timer Register/forms Marker/pen





#### Crystal® VC 01/0139, Arkray Dipstick method







or

Label tube with patient identifier. Open the cap of the sample processing vial.



Sample processing vial

Semi-solid faecal specimens: Collect a small quantity of stool using the collection stick and transfer to the tube containing reaction buffer. Liquid faecal specimens: Draw liquid specimen using the dropper and transfer 2 drops to the tube containing reaction buffer.



Discard the dropper in the sharps container or double-lined plastic bag labelled "biohazard" after adding specimen.







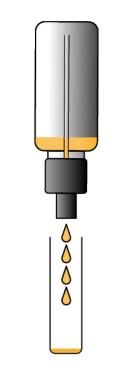




Tightly recap sample processing vial and shake to mix contents. Break open the outer end of the cap (point away and cover with tissue to avoid splash).

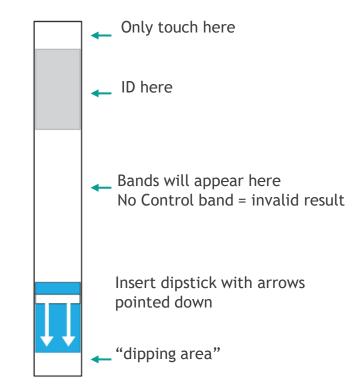


Dispense 4 drops of processed sample into labelled 5ml test tube.

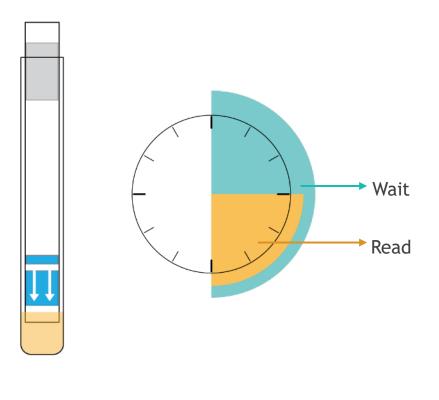




Carefully open test pouch. Discard if damaged, or if desiccant is missing or changed in colour. Write patient ID on the dipstick.



Place the dipstick in the test tube with the arrows facing down. Confirm the end of the dipstick is submerged in the processed sample.





### Bioline<sup>™</sup> Cholera Ag O1/O139, Abbott Cassette method

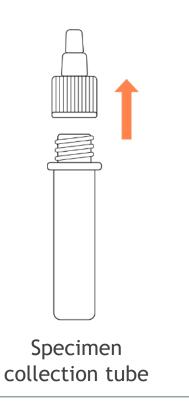






X 10

Label tube with patient identifier. Open the cap of the specimen collection tube.



Semi-solid faecal specimens: Collect sufficient specimen using the collection swab and insert the swab into collection tube and swirl the swab at least 10



Liquid faecal specimens: Draw liquid specimen up to the fill line using the dropper and transfer to the tube containing reaction buffer







or

Semi-solid faecal specimens: Remove the swab while squeezing the swab against the wall of tube. Assemble the filter cap on the specimen collection tube. **Liquid faecal specimens:** Discard the dropper. Assemble the filter cap on the specimen collection tube.

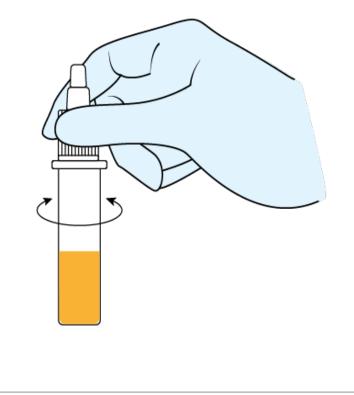
Discard the swab or dropper in the sharps container or double-lined plastic bag labelled "biohazard" after adding specimen.

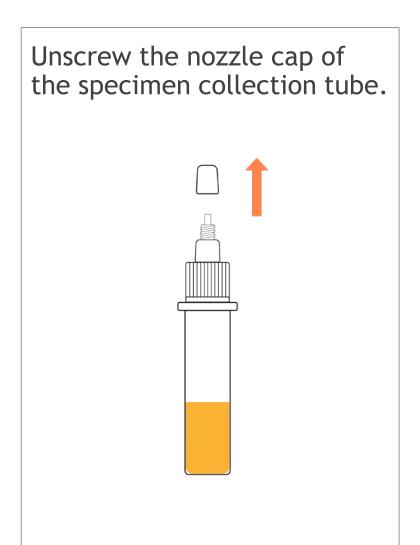






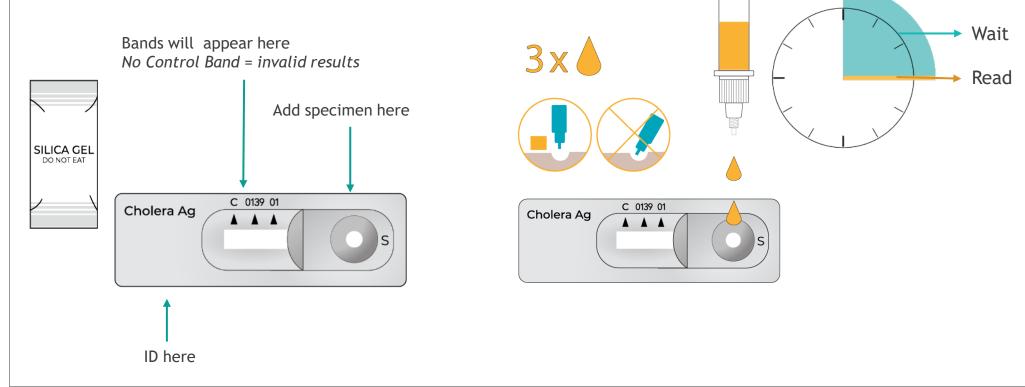
Shake tube thoroughly to ensure proper mixing of the fecal specimen with extraction buffer.







Carefully open test pouch. Discard if damaged, or if desiccant is missing or changed in colour. Write patient ID on the cassette. Hold the collection tube vertically and dispense 3 drops into the specimen well "S".



#### **Troubleshooting the procedure**

RDTs not stored according to manufacturer's recommendations or out of date. Manufacturers may have changed the procedure. Too much or too little sample used. Failure to check kit contents prior to performing the test.

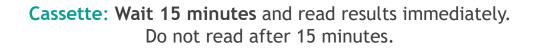
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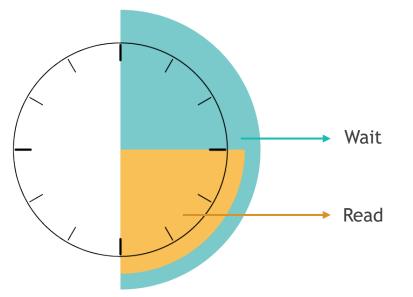
### READING THE RESULTS

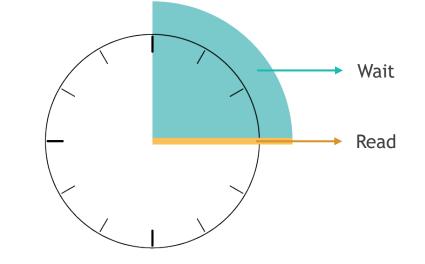
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#### Waiting to read the results

**Dipstick: Wait 15-30 minutes** then hold the test-tube and raise the strip up so you can read the bands but do not remove the bottom of the strip from the tube to avoid making a mess.







Use a laboratory timer or the timer on your phone for correct reading time.

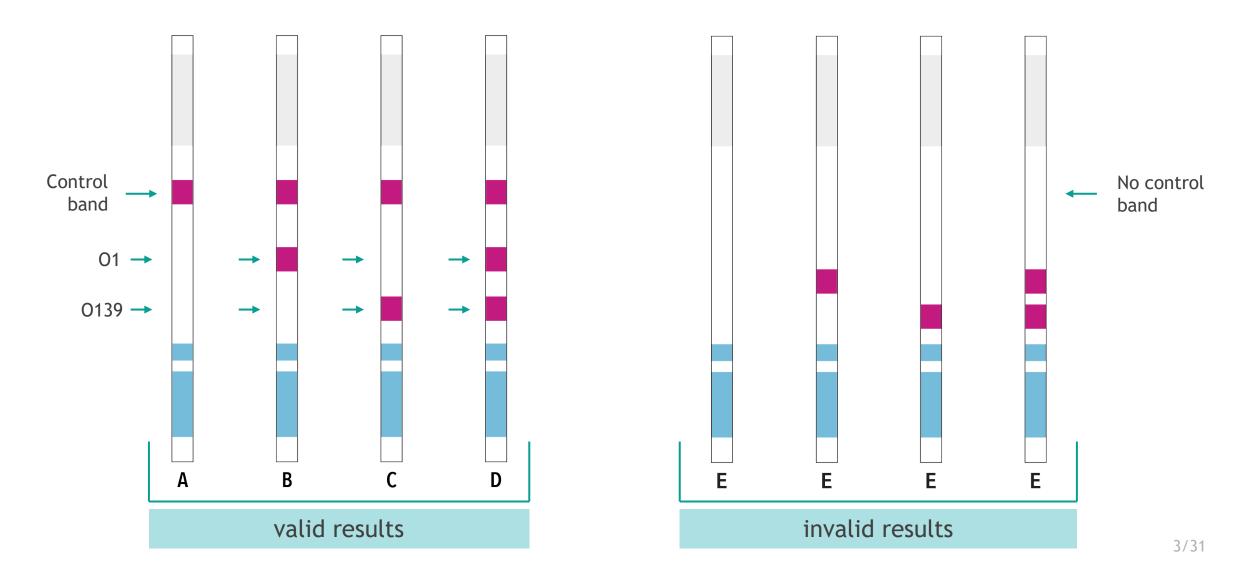
#### **Results: Reactive / non-reactive**

Reactive	Non-reactive	
The sample reacted with the test lines	<ul> <li>The sample does not react with the test lines</li> </ul>	
<ul> <li>A line is seen in the testing area for VC 01 or VC 0139</li> </ul>	<ul> <li>No lines are seen in the testing area</li> <li>Does not rule out cholera completely</li> </ul>	
<ul> <li>Indicates a strong probability of cholera infection but is not confirmatory</li> </ul>	<ul> <li>"Negative" can imply certainty, which the RDT cannot provide.</li> </ul>	
<ul> <li>"Positive" is reserved for confirmed cases after laboratory testing.</li> </ul>		

Clear terminology ensures proper case management and public health action.

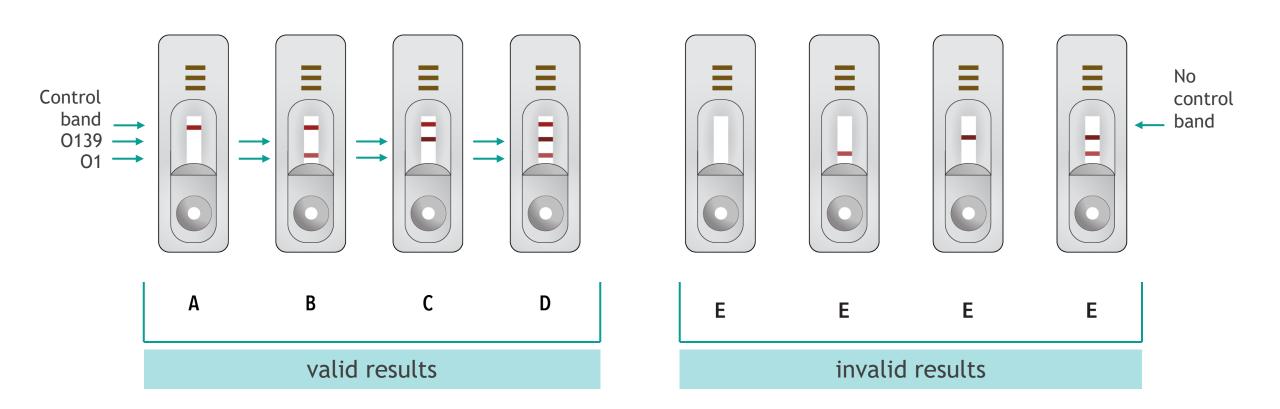


#### **Results: Dipstick**





#### **Results: Cassette**



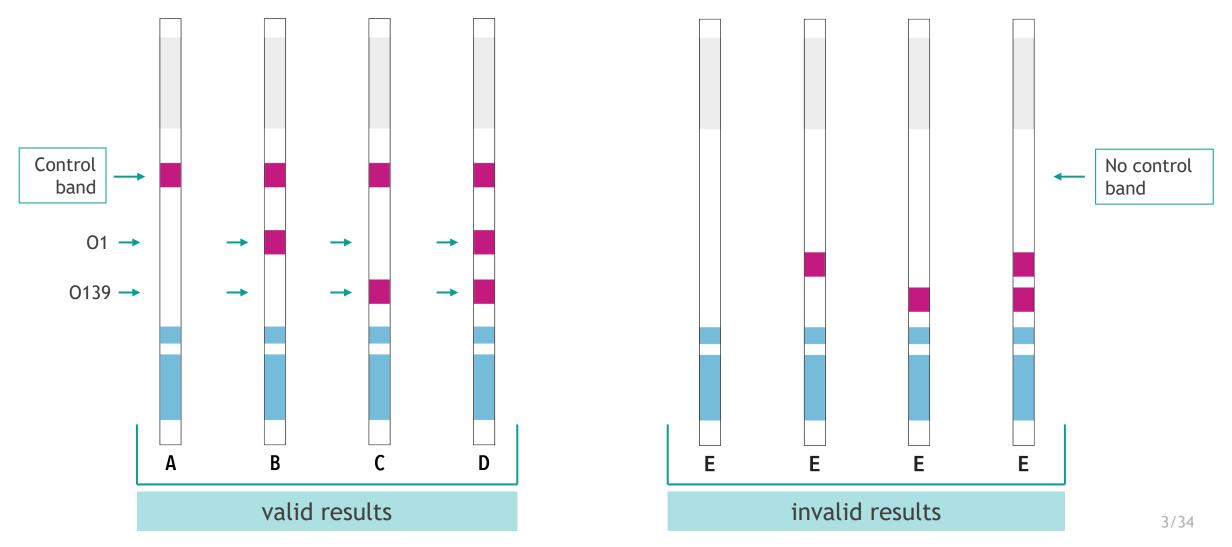
#### Key recommendations for reading of results

Each RDT test kit, even from the same manufacturer, may have different positions for test and control bands/lines on the test. Read the instructions provided with the specific RDT in use for correct reporting. If the control line does not appear, the test is invalid and the test should be repeated.

Even a faint / weak test band is considered to be reactive.

#### **Control band**

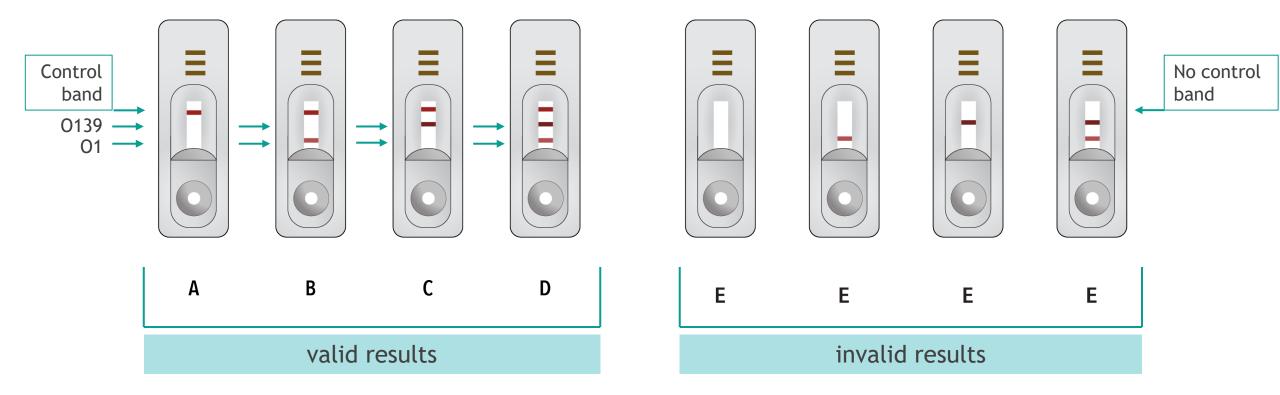
The control line **MUST** appear for a test to be valid. If it does not appear, the result is considered invalid, and the specimen should be retested using a new test kit.





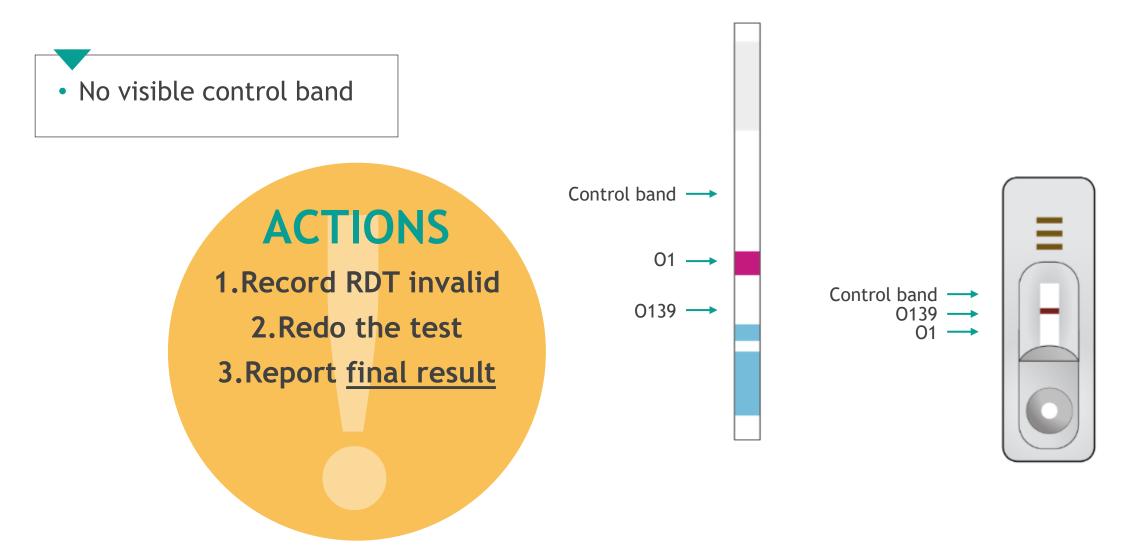
#### **Control band**

The control line **MUST** appear for a test to be valid. If it does not appear, the result is considered invalid, and the specimen should be retested using a new test kit.





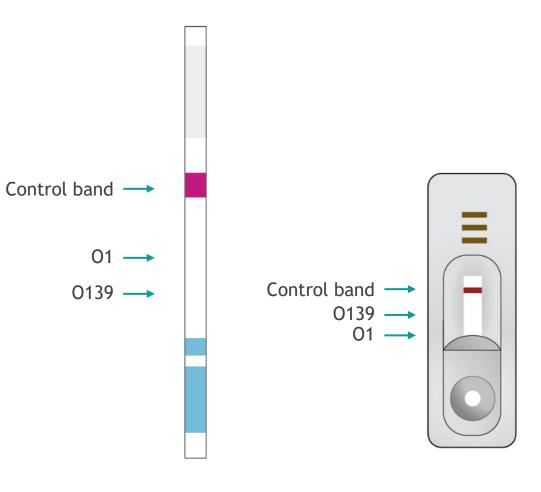
#### Invalid: reading



#### O1 and O139 non-reactive: reading

- Visible control band
- No band for O1
- No band for O139



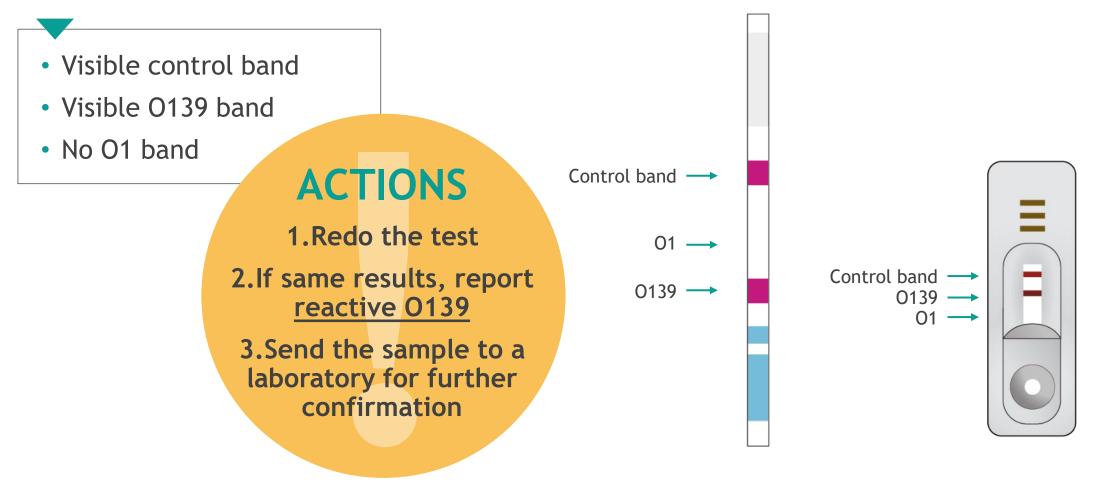


#### **O1 reactive: reading**

• Visible control band • Visible O1 band • No O139 band Control band  $\rightarrow$ Control band -0139 -----0139 <del>---</del> 01 <del>---</del> **ACTION Report RDT** reactive for O1

#### **O139 reactive: reading**

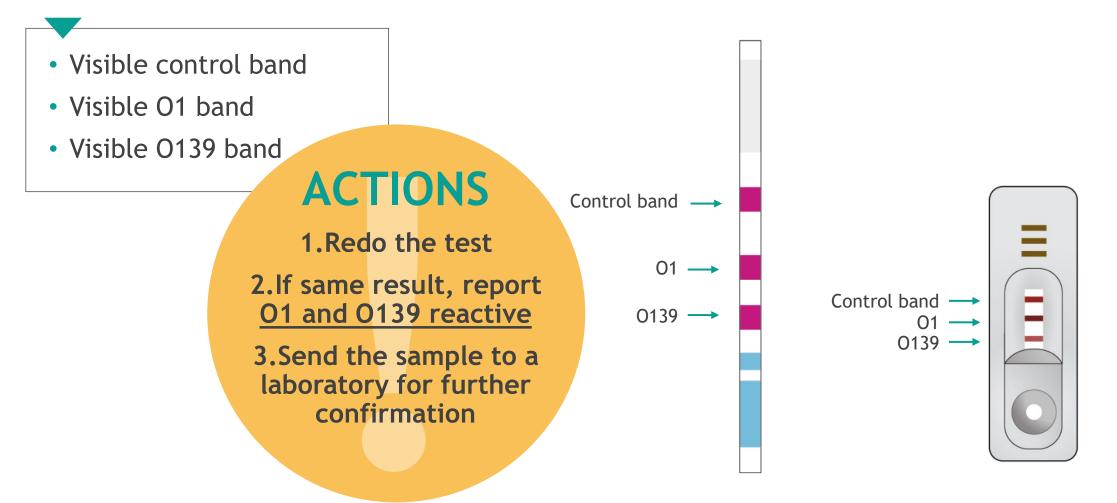
VC 0139 does not currently circulate outside of South East Asia. Current tests do not always perform well for 0139, sometimes the 0139 band might falsely appear.



#### O1 and O139 reactive: reading

O139 does not currently circulate outside of South Asia.

Current tests do not always perform well for O139 and sometimes the O139 band might falsely appear.



#### **Troubleshooting the results**

Results not read in the recommended timeframe (waited too long or too little). Misinterpretation of results. Misreading of weak bands. The absence of a control band invalidates the test, which should therefore be repeated.

False negatives/ false positives can occur.

- **RDT reactive** = strong probability that a suspected case is infected with VC but not 100% certainty
  - RDT non-reactive = strong probability that a suspected case is not infected with VC but not 100% certainty

#### 

## REPORTING





## Any and all RDT results should be immediately recorded in a electronic or paper-based register.

Any and all RDT results should be reported, even if the RDT is non-reactive or invalid.



#### **Reporting RDT results**

- Who to report to: local health authorities and the laboratory if the sample is being sent there.
- Why: health authorities need the RDT results to take action and adapt the response to an outbreak ; the laboratory takes into consideration the RDT results during their own testing.
- What to report: patient and sample information and RDT result.
- How: RDT results must be reported in the <u>case report form</u> and if a sample is sent to a laboratory, the RDT results must also be reported on the <u>sample referral form</u>.

#### Key recommendations for reporting

• Write and check the patient ID/sample ID so results can be matched to a person

Saying you have no information is also information

• Reporting O139? Pause and reflect on the situation



#### GTFCC Laboratory referral form for cholera suspected case

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S CHOLERA CONTROL	Pat
GTFCC Laboratory Referral Form for Cholera Suspected Case	Les
GIFCC Laboratory Referral Form for Cholera Suspected Case	Pat
The referring health worker is to complete this form and send a copy to the laboratory with the specimen (one form per specimen sont).	Age
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https://www.gtfcc.org/resources/gtfcc-laboratory-referral-and-results-reporting-forms/

# Completing the RDT results for samples referred to the laboratory

1	Was an RDT performed on	the same specimen?	🗖 No	Yes, specify:	Enriched RDT	🗖 Direct RDT
3	Result: 🔲 Reactive O1	Reactive 0139	🗖 React	ive O1 and O139	□ Non-reactive	🗖 Invalid
4-	-Name of RDT kit used:					

Yes = RDT performed on same sample as sent to the laboratory

**No** = RDT not performed

Direct = RDT done using fresh stool

2

Enriched = RDT done using stool incubated in APW for 6 - 8 hours Report the RDT result, which lines were reactive

3

RDT manufacturer and kit name

#### Examples

Was an RDT performed on the same specimen? 🔀 No 🗖 Yes, specify: 🗖 Enriched RDT 🗖 Direct RDT <b>Result:</b> 🗖 Reactive O1 🗍 Reactive O139 🗍 Reactive O1 and O139 🗍 Non-reactive 🗋 Invalid Name of RDT kit used:	No RDT performed
2	
Was an RDT performed on the same specimen? INO Yes, specify: Enriched RDT Direct RDT <b>Result:</b> Reactive O1 Reactive O139 Reactive O1 and O139 Non-reactive Invalid Name of RDT kit used:	No information, lab is confused - was test not performed or not reported?
3	
Was an RDT performed on the same specimen? INO XYes, specify: Invice RDT X Direct RDT Result: Reactive O1 Reactive O139 Reactive O1 and O139 Non-reactive Invalid Name of RDT kit used:	Yes RDT performed on fresh stool, reactive O1 result using Bioline VC O1/O139 test



#### What to do now

If there is no currently known outbreak or the outbreak has not been confirmed yet, send any RDT+ sample immediately to a laboratory for further confirmation. If an outbreak has been confirmed, send at least 3 RDT+ samples per week per surveillance unit for further lab confirmation.

For more information Public Health Surveillance for Cholera.

### Links to GTFCC support material

Recommendations for public health surveillance for cholera : <a href="https://www.gtfcc.org/resources/public-health-surveillance-for-cholera/">https://www.gtfcc.org/resources/public-health-surveillance-for-cholera/</a>

Rapid Diagnostic Test (RDT) for cholera detection : <a href="https://www.gtfcc.org/resources/rapid-diagnostic-test-rdt-for-cholera-detection/">https://www.gtfcc.org/resources/rapid-diagnostic-test-rdt-for-cholera-detection/</a>

Quick reference guide for reading of cholera Rapid Diagnostic Tests (RDT) : <a href="https://www.gtfcc.org/resources/rapid-diagnostic-test-rdt-for-cholera-detection/">https://www.gtfcc.org/resources/rapid-diagnostic-test-rdt-for-cholera-detection/</a>

Laboratory referral form for cholera suspected case : <u>https://www.gtfcc.org/resources/gtfcc-laboratory-referral-and-results-reporting-forms/</u>

Template cholera case report form :

https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2Fwww.gtfcc.org%2 Fwp-content%2Fuploads%2F2024%2F03%2Fgtfcc-template-cholera-case-reportform.docx&wdOrigin=BROWSELINK

#### END OF MODULE ASSESSMENT



#### Assessment

1. RDTs should ideally be performed on fresh stool specimens within 4 hours of collection from a patient who has been ill for less than 2 days and who has not been given antibiotics.

True or False

- If the RDT indicates the presence of O1, and the control line is not visible, then the result is considered to be reactive.
   True or False
- It is important to report non-reactive test results and whether or not an RDT has been performed.
   True or False
- Cholera RDTs cannot be used for confirmation of a case of cholera. True or False

#### Assessment

- A rectal swab can be used for an RDT.
   True or False
- If the RDT shows bands for O1 and O139, and the control band is visible, what would you do? (select all appropriate answers)
   Redo test
   Report as O1 and O120 reactive

Report as O1 and O139 reactive Report as invalid Send a sample

7. How would you report a RDT test where no lines are seen?

Was an RDT performed on the same specimen? 🗖 No 💢 Yes, specify: 🗖 Enriched RDT 🕅 Direct RDT <b>Result: 🗖</b> Reactive O1 🔲 Reactive O139 🗖 Reactive O1 and O139 🗖 Non-reactive 🗖 Invalid
Name of RDT kit used:

#### **Assessment Answers**

1. RDTs should ideally be performed on fresh stool specimens within **4 hours** of collection from a patient who has been ill for less than **2 days** and who has not been given antibiotics.

False to refresh your memory go to slide 11

2. If the RDT indicates the presence of O1, and the control line is not visible, then the result is considered to be reactive.

False the result would be invalid without the control line to refresh your memory go to slide 33 and 36

3. It is important to report negative test results and whether or not an RDT has been performed.

True, this avoids unnecessary repeat testing and provides vital epi information to refresh your memory go to slide 43

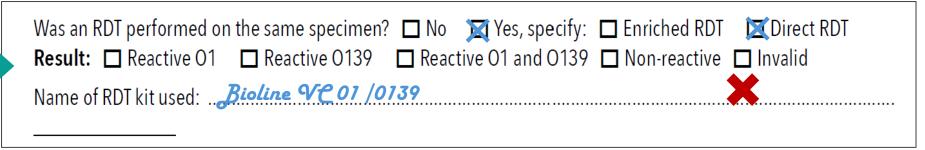
Cholera RDTs cannot be used for confirmation of a case of cholera.
 True go to refresh your memory go to slide 12

#### **Assessment Answers**

5. A rectal swab can be used for an RDT.

False or only with additional step go to slide 11 to refresh your memory

- If the RDT shows bands for O1 and O139, and the control band is visible, what would you do? (select all appropriate answers)
   Redo test and report the second results, <u>if RDT results remain</u>s O1 and O139 send sample for lab testing go to slide 40 to refresh your memory
- 7. How would you report an RDT test where no lines are seen?



Go to slide 47/48 to refresh your memory