

# Treatment for Severe dehydration:

Start intravenous fluids immediately

# Plan C

Age	first give 30 mL / kg in	then give 70 mL / kg in
Infants (< 12 months)	1 hour	5 hours
All others (12 months +)	30 minutes	2½ hours

## Start intravenous fluid immediately

Ringers lactate is the first choice

## Use large cannulas

or put 2 IV lines if large volumes are to be administered rapidly

## Write the start time on the IV bag

to help track how quickly fluids are being given

## Reassess

at least every 15 to 30 minutes

## Watch for signs of hypoglycaemia

and treat rapidly

## Give ORS to replace ongoing losses

as soon as the patient can drink safely

## Zinc - give for 10 days

*In patients under 6 months, 10mg once per day*

*In patients over 6 months, 20mg once per day*