

Cholera fluids quick reference

Adults (plan C is 100mL/kg in 3 hours)

Age (years)	Weight (kg)	Total volume	30 mL/kg* bolus Ringers over 30 mins	70 mL/kg Ringers over 2½ hours
1–2 years	10–13 kg	1000 mL	250 mL in 30 mins (≈ 8 mL/min)	750 mL in 2½ hours
2–3 years	13–15 kg	1200 mL	300 mL in 30 mins (≈ 10 mL/min)	900 mL in 2½ hours
3–4 years	15–17 kg	1500 mL	300 mL in 30 mins (≈ 10 mL/min)	1200 mL in 2½ hours
4–5 years	17–19 kg	1700 mL	400 mL in 30 mins (≈ 15 mL/min)	1300 mL in 2½ hours
5–6 years	19–20 kg	2000 mL	600 mL in 30 mins (≈ 20 mL/min)	1400 mL in 2½ hours
6–7 years	21–23 kg	2200 mL	700 mL in 30 mins (≈ 25 mL/min)	1500 mL in 2½ hours
7–8 years	24–26 kg	2500 mL	800 mL in 30 mins (≈ 25 mL/min)	1700 mL in 2½ hours
8–9 years	27–29 kg	2800 mL	800 mL in 30 mins (≈ 25 mL/min)	2000 mL in 2½ hours
9–10 years	30–31 kg	3000 mL	1000 mL in 30 mins (≈ 35 mL/min)	2000 mL in 2½ hours
10–11 years	32–34 kg	3300 mL	1000 mL in 30 mins (≈ 35 mL/min)	2300 mL in 2½ hours
11–12 years	35–38 kg	3500 mL	1000 mL in 30 mins (≈ 35 mL/min)	2500 mL in 2½ hours
12–13 years	39–43 kg	4000 mL	1200 mL in 30 mins (≈ 40 mL/min)	2800 mL in 2½ hours
13–14 years	44–49 kg	4500 mL	1500 mL in 30 mins (≈ 50 mL/min)	3000 mL in 2½ hours
14–15 years	50–54 kg	5000 mL	1500 mL in 30 mins (≈ 50 mL/min)	3500 mL in 2½ hours
≥ 15 years	≥ 55 kg	6000 mL	2000 mL in 30 mins (≈ 70 mL/min)	4000 mL in 2½ hours



Infants (under 1 year, plan C 100mL/kg in 6 hours)

Age (years)	Weight (kg)	Total volume	30 mL/kg* Ringers over 1 hour	70 mL/kg* Ringers over 5 hours
<1 month	3–4 kg	350 mL	105 mL in 1 hour	245 mL in 5 hours
1–2 months	4–5 kg	450 mL	135 mL in 1 hour	315 mL in 5 hours
2–3 months	5–6 kg	550 mL	165 mL in 1 hour	385 mL in 5 hours
3–4 months	6–7 kg	650 mL	195 mL in 1 hour	455 mL in 5 hours
4–7 months	7–8 kg	750 mL	225 mL in 1 hour	525 mL in 5 hours
7–10 months	8–9 kg	850 mL	255 mL in 1 hour	595 mL in 5 hours
10–12 months	9–10 kg	950 mL	285 mL in 1 hour	665 mL in 5 hours

*Fluid should be administered through an appropriate infusion set
(1 mL = 60 drops; 150 mL chamber for paediatrics)