Burden & differential features of cholera & noncholera watery diarrhea among under-5 children: a case-control study in Bangladesh

Md Iqbal Hossain, MBBS, DCH, FICN (India), PhD (UC Davis), FRCP (Glasg) Consultant (ex-Senior Scientist, Nutrition Research Division, icddr,b Adjunct Professor, James P. Grant School of Public Health, BRAC University

ihossain@icddrb.org









#### Leaving the hospital, next day



### **Background, Rationale and Objective**

- Liquid or watery diarrhea (WD), either cholera or not is a universal health problem among infants & young children including Bangladesh.
- Data on epidemiology & differential features of cholera & non-cholera WD are limited & this information is helpful in proper management of WD to avoid &/or control the unethical use of antibiotic (that is indicated in cholera if there is significant WD & dehydration).
- This study aimed to assess the case load of cholera & noncholera WD & what are the differential features between them.



## **Study Method**

- This study was carried out using the data collected between 1996-2014 in a hospital-based Diarrhoeal-Disease-Surveillance-System (DDSS) in the 'Dhaka Hospital' of the International Centre for Diarrhoeal Disease Research, Bangladesh (icddr,b).
- The DDSS enrolls a 2% systematic sample, regardless of age, sex, & diarrhea severity.
- The DDSS of icddr,b has been approved by IRB of icddr,b.
- The data included information on socio-demographic factors, environmental history, clinical characteristics, nutritional status, & diarrhea pathogens.



# Results

- Total 21,626 U-5 children were studied
- Of them 20,936 (96.8%) children were admitted with features of WD ( & their rectal swab/stool culture report were shigella negative), & their data were analyzed.
- Age (mean±SD): 14.8±11.6 months
- Girl: 40.3%
- Cholera: 2264 (11%)
- Non-cholera WD: 18672 (89%)





## **Logistic regression analysis**

		Sig	OR	95% C.I. of ORs	
				Lower - Upper	
	Age > 12 months	0.000	3.23	2.10	4.97
	Stool frequency >10 during last 24 hrs	0.001	1.98	1.33	2.93
<	No abdominal pain	0.011	0.57	0.37	0.88
	Some or severe dehydration	0.000	3.39	2.26	5.08
<	Predominant breast feeding up to 6 months (among > 6 months group)	0.003	0.43	0.25	0.75
	In warmer months (April-September)	0.039	1.53	1.02	2.29
	Illiterate mother	0.060	1.57	0.98	2.52
	Mother works out of home	0.016	1.85	1.12	3.04
	Constant	0.000	0.02	-	-



#### Other non-significant variables in logistic regression model

- Watery liquid stool without mucous or blood in stool
- Fever on admission
- Wasting (WHZ <-2)</p>
- Stunting (HAZ <-2)</p>
- Family member had diarrhea within last 7 days
- Received antibiotic before hospital reporting
- No treatment of drinking water
- Illiterate parents
- Slum residence
- Not receiving vitamin A supplementation in last 6 mo (among 13-60 mo group)
- Used non-sanitary latrine
- History of diarrhea in last 30 days &
- History of cough or fever in last 30 days.



# **Key finding**

#### Associated or risk factors of cholera

- □ Age >12 months
- □ Stool frequency >10 per 24 hours
- □ Some or severe dehydration
- □ Warmer month (April-September) &
- Working mothers

#### **Protective factors of cholera**

- □ Absence of abdominal pain &
- Predominant breast feeding during first six months of life were found
- Relatively more children with cholera needed:
  - Inpatient admission &
  - Intravenous fluid

Fatality rate was very low in both group:

- 0% in cholera &

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- 0.1 % in non-cholera children





# Summary

- ~ 11 % of all watery diarrheal cases in U-5 children are cholera & the rest (most common cause) 89% of diarrheal illness non-cholera WD.
- The above mentioned associated or risk factors in under-5 children would help to differentiate non-cholera WD (who do not need any antibiotic) from cholera
- That would help in reducing the rampant use of antibiotic & appropriate management of diarrheal illness in U-5 children.



#### **Stool Inspection**





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